

## SCRUB UP

Smooth, sloughed skin will absorb nutrients from body creams more effectively. For an even rougher buff, apply a scrub to dry skin before you shower.

Kit Cosmetics  
Essential Kit  
Body Exfoliant,  
\$35.



Body America Face  
& Body Scrub, \$15.

## BE FIRM WITH YOURSELF

The truth is cellulite creams alone won't get rid of dimples for good, but they can improve the tone and texture of the skin by moisturising it, and tightening polymers can firm the skin for an immediate lifting effect.



Sisley Celluli-Pro  
Anti-Cellulite Body  
Care, \$230.



ModelCo  
Tan Mousse,  
\$20, which is  
applied with a  
Blend Buffing  
Mitt, \$12 (not  
pictured).



## ENTER THE BRONZE AGE

For a believable glow, apply self-tan with a velveteen tanning mitt: there are no pesky finger stripes and it helps buff the product into the skin.

St. Tropez Self  
Tan Bronzing  
Mousse, \$25,  
and applicator  
mitt, \$11.

